Building Eco-Cities of the Future: The Example of Masdar City

T. Mezher* a, G. Dawelbait*, I. Tsai*, N. Al-Hosany b

*Masdar Institute of Science and Technology, iSmart Center, Abu Dhabi, UAE
bMasdar Company, Abu Dhabi, UAE

Abstract

Global warming and increased population growth are putting more pressure on policy decision makers to adapt more sustainable approach to planning and designing future cities. This has led to the rise of Eco-Cities that have smart and sustainable infrastructures such as green buildings; intelligent transportation systems; and efficient electricity, water, wastewater, and solid waste networks. In addition these cities should be less dependent on fossil fuels and ensure healthier life and comfort. This paper gives a brief overview on the sustainable design concept of six Eco-cities from around the world such as Vauban in Germany, BedZed in the UK, Sonoma Mountain in California, Dongtan and Tianjin in China, and Sondgo in Korea. Masdar City is discussed in more details including the green buildings, intelligent transportation systems, and other important infrastructure systems. This endeavor requires the managing of complex systems which necessitates the coordination and collaboration of all the stakeholders that are involved designing, constructing, and operating the city. The paper concludes with lessons learned so far from Masdar City.

Keywords: Eco-City, Masdar, sustainable Abu Dhabi

1. Introduction

Global warming and increased population growth are the biggest challenges facing policy makers when it comes to planning future cities or improve existing ones. Modern urban areas are based on integrated complex infrastructure systems to ensure comfort and healthy environment to their residents. Infrastructure systems include electrical, water and waste water, transportation, and sewage networks. The challenge today is to design such systems to be more efficient and effective, and less dependent on fossil fuels. Therefore, renewable resources solutions should be integrated into these complex systems.

In recent years, we have seen the rise of Eco-cities to mitigate the impact of global warming specially in countries that have high ecological footprints. The United Arab Emirates (UAE) and the United States of America (USA) have by far the highest ecological footprints in the whole world [1]. The consequences of these high ecological footprints imply that if everyone in the world lived their life as residents of the UAE and the USA, it would take around 4.6 planets to support the global population needs. This outcome is due to their total dependence on fossil fuel and the extremely unsustainable way of living of its inhabitants [2]. In general, recent studies showed that most economically strong countries have the worst ecological footprints. Surprisingly, these countries also have the most unsatisfied populations in the planet according to the happy planet index which takes into account the human well-being and environmental impact of each country. Some exceptional examples of poor countries with a high life expectancy and lower footprint reflected a more satisfactory life quality showing that “Good life is possible without costing the earth” [3].

These results, as well as the drastic impact of decades of irresponsible use of unsustainable energy sources on the climate change, imposed greater challenges and pressures to find solutions to save the planet. These pressures led to global efforts to take measures to save the environment while preserving the well-being of the population. Several of these efforts, such as the Kyoto Protocol, were geared towards the reduction of CO2 emission. Moreover, many international agreements were also designed to support the introduction of sustainable energy policies and awareness raising among people and decision makers. Some effort went beyond that by introducing the concept of Eco-cities, where cities are either built from ground up or renovated using new sustainable standards and codes. Since the switch to sustainable living is a recent years, there are still many uncertainties that need to be addressed. This paper will strive to show the difference between sustainable and conventional cities, the cost associated with green buildings, and the benefits from living in Eco-cities.

The literature identified several components for achieving sustainability. These include green building, energy and waste management, sustainable transport, CO2 reduction techniques.
and support for economic viability. As a starting step towards a sustainable living goal, it is most obvious to start from buildings. Buildings have an enormous and continuously increasing impact on the environment. They use about 40% of the natural resources extracted in industrialized countries, consuming nearly 70% of electricity and 12% of potable water, and producing between 45% and 65% of the waste disposed in landfills, making them responsible for 30% of the overall greenhouse gases emissions [4]. The high cost premium is the main current barrier to invest in green practices. However, recent studies identified energy cost savings and economical and social benefits coming from productivity and health as measures that on the long run pay back the initial investments and even make profit [5].

The literature review conducted for this paper covers environmental, economical and social aspects of sustainable cities as well as their interrelationships. Furthermore, we will investigate the multiple methods used to derive values for most of the financial, environmental, and social benefits, some of which are tangible such as cost saving, and CO2 emissions reductions and some are intangible benefits such as employee productivity and inhabitant’s health.

This paper will start by defining Eco-cities and the concepts of sustainable design including green buildings and intelligent transportation systems. Examples from six existing Eco-cities are highlighted. More detailed descriptions of Masdar City design concepts are discussed. Finally, managing complex systems and the need for coordination and collaboration between all stakeholders are emphasized to ensure successful completion of the city.

2. Eco-Cities

2.1. Concepts of Sustainability and Eco-cities

During the last few decades, scholars proposed numerous definitions of sustainability. Yet, there is almost no consensus among those definitions found in the sustainable development literature. The most widely known definition of sustainable development comes from the Brundtland Commission [6], which defines sustainable development as "development that meets the needs of the present without compromising the ability of future generations to meet their own needs." Since then the definition of sustainability has been evolving. Several definitions limit the criteria of sustainability to maintaining ecosystems and natural resources, while others additionally speak of economic viability, social wellbeing, equity, cultural, and spiritual needs. The concept of living within environmental constraints was introduced by Daly and Cobb in [7], where they also define sustainable development as improving the quality of human life while living within the carrying capacity of supporting eco-systems. In [8, 9], the sustainability is defined as the overlap between the three dimensions: the simultaneous pursuit of economic prosperity, environmental quality, and social equity. A more accurate view of sustainability is that the economy exists within society, and both the economy and society are limited by their environment [8]. Currently, most of the well accepted sustainable development definitions by the community have to do with living within one’s own ecological limits. It understands the interconnections among economy, society, and environment, and equitable distribution of resources and opportunities [7, 10].

Eco-cities development has emerged as a way to address sustainability issues in the context of cities [11]. The Eco-City Builders expanded upon the definition of the term initially to be focusing on "reshaping cities for the long-term health of human and natural systems" [12, 13]. Therefore, a successful Eco-city takes into consideration the synergy and interdependence of environmental, economic, and social sustainability and their fundamental ability to support and strengthen each other in the city context. Developers of Eco-cities need to put in place the foundations to enable choices across all aspects of living and working to be sustainable ones. These include energy efficient buildings, renewable energy, resource efficient infrastructure and proximity to employment and services [14]. Many Eco-cities has been materializing all around the world in places such as Abu Dhabi, UK, Germany, and China. Some are small projects, e.g., Vauban in Germany and BedZed in the UK, Sonoma Mountain in California and some are of grand scale, e.g., Masdar City in Abu Dhabi, Tianjin in China, and Sondgo in Korea.

2.2. Guidelines for sustainable buildings in Eco-cities

To ensure a sustainable development, construction and maintenance should follow one or more of the internationally accepted sustainable buildings codes and standards. The performance of the buildings can then be measured and assessed using sustainability indicators and sustainable buildings rating systems. In the following sections we will discuss the main steps of designing, constructing and rating of buildings that constitute Eco-cities.

2.2.1 Sustainability indicators

In general, the performance and design of any Eco-city can be measured using standard sustainability indicators. These indicators, which include construction and maintenance, efficient energy use, transport, waste management, government support for business services and infrastructure, and environmental qualities, are discussed in details in the literature [15-17]. Table 1 below presents a list of the main sustainability indicators and their respective measurements.

2.2.2. Building energy efficiency code and standards

Currently, housing construction, maintenance and energy efficiency is governed by one or more of the international standards for energy performance for buildings such as the American Society of Heating, Refrigerating and Air Conditioning Engineers (ASHRAE) [18,19], the British Chartered Institution of Building Services Engineers (CiBSE) [20], the German Passivhaus and the Swiss Minergie [21,22]. The International Code Council (ICC) is a membership association that develops the International Energy Conservation Code, a model energy efficiency code as well as its dedication to building’s safety and fire prevention [23]. In Masdar City, all buildings are designed to be energy efficient following a Masdar own best practice standards, the Masdar energy design guidelines (MED). MEGD [12] draws from and exceed the most challenging requirements set out by a number of the above mentioned international energy efficiency standards, with particular emphasis on ASHRAE 90.1 and Passivhaus envelope performance requirements. Table II shows a summary of all these codes and standards. Regarding rating systems for environmental sustainable buildings, guidelines have been developed around the world to provide a framework for the assessment of green buildings performance by awarding credits in different environmental areas such as energy efficiency, water efficiency, indoor environmental quality, sustainable building material use, waste management and transportation. These rating systems are listed in the Table 2 below.
3.1. Green building state of the art

Green buildings are the main component for sustainable design. They are the practice of creating structures and using processes that are environmentally responsible and resource-efficient throughout a building's life-cycle from inception to design, construction, operation, maintenance, renovation and deconstruction. This practice expands and complements the classical building design concerns of economy, utility, durability, and comfort [29]. Some benefits, such as improving occupant health, comfort, productivity, reducing pollution and landfill waste are not easily quantified [30]. Never the less, some studies showed that green buildings have a relatively large impact of productivity and health gains which reflects the fact that the direct and indirect cost of employees is far larger than the cost of construction or energy. Consequently, even small changes in productivity and health translate into large financial benefits [31, 32, 33].

3.1.1. Green buildings Life-Cycle Savings (LCS)

Besides the use of on-site renewable energy power generation, lifecycle savings in green buildings mainly come from energy, water and material efficiency. Some energy saving measures start during the construction stage, such as the use of efficient material, e.g. using super insulation, bricks, concrete, glass for windows and glazing level. Energy efficient windows can decrease heating costs up to 40% and cooling cost up to 32%. Additionally, energy and lighting efficiency can result into up to 80% energy savings through implementing strategies to provide natural lighting, installing of high-efficiency lighting systems with advanced lighting controls and including motion sensors tied to dimmable lighting controls [33].

Water efficiency also plays an important role in the overall LCS of buildings and public use. For buildings, a reduction of 15% of total water demand is possible by using efficient appliances and plumbing incentive as well as a reduction of 20% in average total wastewater flow. As for public use, reducing water consumption could be achieved through efficient use of water for landscaping. LCS from waste reduction strategies such as reuse and recycling come from avoiding disposal costs as well as costs of landfill creation. Another source of LCS, comes via insurance benefits of green buildings and lower mortgage from banks to buy eco houses. These insurance benefits are due to the advanced safety measures and low energy bills leaving more money available to pay the mortgage [30].

Table 1. Sustainability indicators

<table>
<thead>
<tr>
<th>Indicators</th>
<th>Measurements</th>
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<tbody>
<tr>
<td>Housing, construction and maintenance</td>
<td>- Embodied CO2/m² per home</td>
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<td></td>
<td>- Embodied CO2 for all infrastructure work</td>
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<td></td>
<td>- Housing quality in m² per person</td>
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<tr>
<td>Home energy consumption</td>
<td>- Energy consumption in GWh per year.</td>
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<td></td>
<td>- Number of energy production plants.</td>
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<td></td>
<td>- Number of efficient appliances.</td>
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<td></td>
<td>- Percentage of used renewable energy.</td>
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<td></td>
<td>- Energy monitoring for consumption to help with behavior change.</td>
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<tr>
<td>Transport</td>
<td>- CO2 emission from personal transport per person per year.</td>
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<td></td>
<td>- Miles travelled by private cars and use of public transport.</td>
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<tr>
<td></td>
<td>- Number of cars registered within the town.</td>
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<tr>
<td></td>
<td>- Cost and convenience of public transport to car use.</td>
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<td></td>
<td>- Traffic safety measured with number of people killed and injured per 10,000 inhabitants.</td>
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<tr>
<td></td>
<td>- Transportation of goods travelling in and out per kg per capita.</td>
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<tr>
<td>Waste management</td>
<td>- Calculated with production in tonnes per inhabitant per year.</td>
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<td></td>
<td>- Percentage of recycling and landfills.</td>
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<tr>
<td>Government support for business services and infrastructure</td>
<td>- Education institutions</td>
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<td></td>
<td>- Commitment to climate change</td>
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<tr>
<td>Environmental quality</td>
<td>- Water quality.</td>
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<tr>
<td></td>
<td>- Water consumption measured per inhabitant in liters per day, the percentage of ground water supply in total water use, and connection to sewage system.</td>
</tr>
<tr>
<td></td>
<td>- Air quality is usually assessed for the long term by measuring O₃, SO₂ and TSP and for the short term by measuring O₃, SO₂ and TSP.</td>
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<tr>
<td></td>
<td>- Ecological footprint.</td>
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<tr>
<td></td>
<td>- Area of green spaces.</td>
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<td></td>
<td>- Acoustic quality which is measured by exposure to noise above 65 dB and above 75 dB.</td>
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Table 2. Buildings sustainability rating system

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</thead>
<tbody>
<tr>
<td></td>
<td>Climate Change</td>
<td>Climate Change</td>
<td>Thermal comfort</td>
<td>Safety</td>
</tr>
</tbody>
</table>

3. Eco-City framework and Components of Sustainable design

The focus of this paper is to gain a better understanding of Eco-Cities. Our aim is to provide a framework for their construction by performing a global survey on master planned city initiatives. In a recent survey done Eco-Cities around the global, 79 cities were identified that fit the description and they were divided in into three categories and variables: (i) type of eco-city development (new development; expansion of urban area; ‘retro-fit’ development); (ii) development phase (pilot/planning stage; under construction; implemented); and (iii) key implementation focus/mode (technological innovation, sustainability visions, urban expansion, civic empowerment) [28]. This paper we will only focus on cities that have a master plan that is finished or still under construction. We will discuss sustainable design and construction practices in an eco city context which also includes green buildings, sustainable transport and city design. These sustainable design and construction practices can help turn sustainability into savings in terms of economy, energy and the environment.
and nontoxic building material, VOCs and avoiding smoke as well as reducing biological contamination from bacteria, molds, pollen and viruses [33]. For example, 16–37 million cases of colds and flu could be avoided by improving indoor environmental quality. Additionally, healthier environment can be provided to employees by allowing more natural views and plants as well as enhancing different lighting systems including day light. Exposure to daylight alone can provide productivity gains ranging from 3% up to 34%, with a mean of 7.1% [34]. More productivity can be achieved by way of thermal comfort by improving temperature control which may increase productivity up to 1.2% [35]. Finally, today, many argues that energy and water efficiencies technologies are not the only path toward sustainability, architect and engineering should adapt a new paradigm of mutualistic sustainability where building in cities are part of the same natural system [36].

### 3.2. Sustainable Intelligent transport

Intelligent transport are anticipated to grow in the next 15 years and billions of dollars will be invested on it [37]. Inefficient transportation system usually has a negative impact on economical, social and environmental sustainability objectives. The level of traffic in urban areas is an important explanatory factor for urban environmental quality as traffic causes noise, bad odors and local air pollution [38]. The transport sector accounts for 26% of the global CO2 emission and that is due to its large dependence on fossil fuel. Transport is also one of the few industrial sectors where emissions are still growing. This highlights the need to provide safe and efficient mobility while respecting the environment. Due to these issues, there is an urgent need for taking measures to implement more sustainable solutions for the transport sector.

A sustainable transportation system is one that: allows the basic access needs of individuals and societies to be met safely and in a manner consistent with human and ecosystem health, and with equity within and between generations; is affordable, operates efficiently, offers choice of transport mode, and supports a vibrant economy; and limits emissions and waste within the planet’s ability to absorb them, minimizes consumption of non-renewable resources, limits consumption of renewable resources to the sustainable yield level, reuses and recycles its components, and minimizes the use of land and the production of noise [39]. Among all the different means of transportation, car use and road freight are the main contributors to greenhouse gas emissions. It is predicted that by 2020 the freight transport will increase by 50 % and passenger transport with 35% [40]. This highlights the urgency to provide safe and efficient mobility while respecting the environment.

Recently, multiple policy approaches targeting these two sectors (cars and freight) has been taken to reduce transport-related carbon emissions. These policies can generally be grouped under three categories namely, vehicle travel reduction, reducing vehicle fuel use or a mix of these two approaches [41].

To reduce car use in particular, which is by far the most popular mode of transportation due to several reasons mainly affordability, poor levels of fitness, and unfavorable weather. Some efforts were geared towards supporting a modal shift into more sustainable transportation modes. These include the use of public transport such as buses and trains but additionally, ‘zero-carbon’ walking and cycling are the best alternatives. A commonly used policy to encourage the use of public transport is either by introducing tax incentives on smaller environment friendly cars that uses alternative fuel sources or by offsetting the affordability of cars ownership. This can be achieved by introducing taxations on road building, road tolling, parking charges and raising fuel prices where a 10% increase in fuel prices usually results in a 1–3% decline in travel [42].

Another group of solutions is technological solutions such as improving engine efficiency and car design as well as intelligent software for route planning and technologies to reduce congestion. Another important issue of sustainable transport is the proper land use which usually does not favor automobile oriented development. Land use policies help reduce the need to travel (for example, by locating more stores and schools in residential neighborhoods) and increasing travel options [43].

Another policy direction is the development of alternative fuels and vehicles. Those include biofuels, gaseous fuel, hydrogen fuel cell electric vehicles, and battery powered electric vehicles and hybrid electric vehicles. When comparing the different policies to achieve sustainable transport, it has been found that although more efficient vehicles and alternative fuels help conserve energy and reduce air pollution, it fails to satisfy other sustainability objectives such as congestion reduction, traffic safety and increased public fitness and health, and land use sprawl, or improved opportunity for disadvantaged people. Vehicle travel reduction strategies help achieve more objectives and are considered more sustainable [40].

The main objectives and benefits of sustainable intelligent transport have been identified in the literature to be: safety; carbon reduction; convenience through sufficient number of vehicles, frequency of stations, and minimum waiting times; mobility; efficiency; cost saving; and energy/environmental and consumer satisfaction. New and emerging technologies, and infrastructure changes in the cities around the world include the use of Personal Rapid Transit (PRT), Bus Rapid Transit (BRT), and public share bikes and cars [44].

The use of Personal Rapid Transit (PRT) system showed a benefit of around a factor of two over the best trip times achievable by conventional corridor transport [45]. PRTs are currently being used in Masdar City, United Arab Emirates (UAE). The Bus Rapid Transit (BRT) corridors are exceedingly becoming a user friendly mode of transport to cover the branches in the city. In Istanbul, the in-vehicle travel time has been reduced by 50% and since the bus pathways are separated from the motorways, the speed and time is almost always a constant, thus aiding in quick movement to the points in the branches of the city centre. The buses can work on 15km/hr speed. The Tindo solar electric bus is one example of BRTs [46].

Public share bikes and cars are mainly used to cover the last mile or the sub-roots of the city transportation infrastructure. Every entity of the city would have kiosks or “sharing stands”. Each would have a solar panel which would act as the recharging centers for these vehicles which would run on solar. To aid easy access to these vehicles, an online database would be provided about the bike trails and also car sharing and availability of the vehicles. Every person would be given a smart card which would be swiped in the kiosk machines and the vehicles can be accessed. As soon as the work is done, it would be deposited to the kiosk of the destination station. Since, there would be mobility to and from a place; the availability of vehicles would not be an issue. This could specifically be used in the sub-branch entity of the city or can cover internal entities like universities, hospitals, intermodal shifts like from the PRT to BRT bus stations. In these systems Information technology plays a very important part in aiding the process of “efficiency”, “user-friendliness” and
“manageability”. The system architecture should include intelligent communication and tracking systems to provide vehicle location and identification. Dispatching and reservation systems to obtain information about check out and out-bound vehicles and a smart card technology to aid vehicle access control. For car sharing an on-board navigation and travel information should be provided to assist users operating within a shared vehicle system [47].

4. Existing Eco-cities

The main objective of Eco-cities is to demonstrate real and measurable sustainable living and encourage people to live within ecological limits whilst enjoying a high quality of life. In this section, we mention some existing Eco-cities that have gone through the sustainable experience. The lessons learned from these experiences would help us understand successful and unsuccessful efforts of building Eco-cities, it also ensures that time-tested principles are acknowledged and used where appropriate. Six Eco-cities are listed for reference, three of small scale, i.e., BedZED [48], Vauban (Freiberg) [49] and Sonoma [50], and three of big scale, i.e., Dongtan [51], Tianjin [52], and Sondgo [53].

5. Masdar City

In April 2006, Abu Dhabi took a bold and historic decision to embrace renewable and sustainable energy technologies. Hence, the Masdar Initiative was created. The Masdar Initiative has four primary objectives: (1) to help drive the economic diversification of Abu Dhabi; (2) to maintain, and later expand, Abu Dhabi’s position in evolving global energy markets; (3) to position the country as a developer of technology, and not simply an importer; and (4) to make a meaningful contribution towards sustainable human development. To implement the Masdar Initiative, Abu Dhabi government has created Masdar Company which currently has 5 units. The first unit is Masdar City which is overseeing the building of the city. The second unit is the Masdar Power which is responsible for building renewable energy power plants in and outside UAE. Masdar Institute of Science and Technology (MI) is the third unit and it is the first research oriented graduate university in the region dedicated to renewable energy and sustainability. The fourth unit is Masdar Capital which seeks to build a portfolio of the world’s most promising renewable energy and clean technology companies. It helps its portfolio companies grow and scale-up by providing capital and management expertise. Masdar Capital targets investments that have the greatest potential globally and to the UAE and is particularly focused on sustainable related energy related sectors. The fifth unit is Masdar Carbon which manages projects that bring reductions in carbon emissions through energy efficiency and waste heat/CO2 recovery, as well as through carbon capture and storage (CCS) [54].

Masdar City is the world’s first carbon-neutral and zero waste city. It is located at the heart of Abu Dhabi, the capital of the UAE. The main objectives Masdar City are to create a global clean technological hub, powered by renewable energy, worlds best sustainable urban development, low carbon foot prints, unmatched platform for commercial-scale demonstration of sustainable technologies, home to leading research institute in alternative energy and sustainable technologies and have partnerships of excellence. Masdar city is a good example of how future cities will be shaped. The city is inspired by the architecture and urban planning of traditional Arab cities. It incorporates narrow streets, the shading of windows, exterior walls and walkways, thick-walled buildings, courtyards and wind towers, vegetation, and a generally walkable city. Table 4 shows Masdar City facts [55].

<table>
<thead>
<tr>
<th>Table 4. Masdar City Facts</th>
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<tbody>
<tr>
<td><strong>Total Site Area</strong></td>
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<tr>
<td><strong>Residential</strong></td>
</tr>
<tr>
<td><strong>Commercial</strong></td>
</tr>
<tr>
<td><strong>Retail</strong></td>
</tr>
<tr>
<td><strong>Community</strong></td>
</tr>
<tr>
<td><strong>Projected Resident Population</strong></td>
</tr>
<tr>
<td><strong>Projected Commuters</strong></td>
</tr>
<tr>
<td><strong>Residential Density</strong></td>
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<td><strong>Peak Daily Density</strong></td>
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</table>

Masdar City will be a test bed for new concepts to planning, designing, engineering, constructing and operating sustainable cities. Masdar City will set a benchmark that will ultimately support sustainable development throughout Abu Dhabi and the region, as well as provide a functioning blueprint for sustainable living around the world. The city embraces many of the One Planet Living (OPL) principles which go beyond normal urban sustainability steps that take into account all measures to ensure living can be achieved within the fair share of the earth’s resources. Masdar City has three added values. The first one is economical which relates to real estate development, joint venture, intellectual property owner ship, and human capital development. The second is environmental which include net zero carbon, 100% renewable energy, intelligent transport, and green buildings. The third is the social benefit and better quality life from living in the city which is the results of the first two.

Table 5 shows the current sustainable achievements in Masdar city. The ultimate goal will be achieved when the city is completed by 2025 and by then there will be more technological breakthroughs in construction innovation and more knowledge will be created in building sustainable cities [55].

<table>
<thead>
<tr>
<th>Table 5. Current Achievement in Masdar City</th>
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<tbody>
<tr>
<td><strong>Sustainability Goal</strong></td>
</tr>
<tr>
<td><strong>Energy Demand Reduction</strong></td>
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<td></td>
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<tr>
<td><strong>Renewable Energy</strong></td>
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<td></td>
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<tr>
<td><strong>Water Demand Reduction</strong></td>
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<tr>
<td><strong>Waste Diverted from Landfill</strong></td>
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<tr>
<td><strong>Reduction in Embodied Carbon in Materials</strong></td>
</tr>
<tr>
<td><strong>Intelligent Transport System</strong></td>
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</table>
5.1. Masdar City living principles

The Masdar City living principles are inspired by OPL principles which go beyond normal urban sustainability measures to ensure living within our fair share of earth’s resources [17]. To ensure meeting the stringent sustainability targets of the city, the performance during construction and after operation will be monitored by several principles, performance indicators, and sustainability targets that are very close to OPL principles and are summarized in Table 6 below [16].

Table 6. Masdar City principles, indicators and targets

<table>
<thead>
<tr>
<th>Masdar Principles</th>
<th>Indicators</th>
<th>Masdar targets</th>
</tr>
</thead>
<tbody>
<tr>
<td>Zero waste</td>
<td>1. Diversion from landfill 2. Waste minimization 3. Recycling, waste to energy, composting</td>
<td>1. 99% by 2020 2. 30% 3. 50%,33%,17%</td>
</tr>
<tr>
<td>Sustainable transport</td>
<td>1. CO2 emission due to transport 2. Journeys from and to Masdar</td>
<td>1. 0 kgCO2/year 2. 55% by private cars and 45% public transport</td>
</tr>
<tr>
<td>Culture and heritage</td>
<td>1. Preserving culture and heritage through building and city design</td>
<td>1. Narrow streets inspired by traditional Arabic architecture, use of wind catchers for passive ventilation</td>
</tr>
<tr>
<td>Equity and fair trade</td>
<td>1. Fair wages and working conditions 2. Support of disadvantaged groups</td>
<td>1. Fair wages for all employees during construction and operation 2. Identify target projects and target for increasing projects capacity to 100% by target group</td>
</tr>
<tr>
<td>Health and happiness</td>
<td>1. Buildings design to integrate health and happiness principles 2. Residence satisfaction levels</td>
<td>1. Zero emission, walking and cycling lanes, maximum daylight, avoid toxic materials, minimize noise pollution not to exceed EAD guidelines 2. 70% of residence reporting better life quality and each residence knows 15 neighbors by name</td>
</tr>
</tbody>
</table>

For most of the targets in Table VII, the consumption of the city of Abu Dhabi was used as the baseline, otherwise when information is not available, regional or international baselines have been used. One of the main focuses of the Masdar City is on sustainable buildings and that is due to their enormous and negatively increasing impact on the environment. Therefore, to provide a state of the art sustainable living environment, Masdar City follows the tailor made Masdar Energy Design Guideline (MEDG) for sustainable building standards. MEDG is generally stricter than other existing energy guidelines. It draws from most international building design standards in addition to extra standards that are specific to desert regions in general and to Abu Dhabi and Masdar City in particular [16]. The Masdar initiative plans to maximize the on-site energy generation via renewable energy sources. The use of renewables will lead to a carbon emission reduction of up to 98.8% making Masdar the first carbon neutral city. The next sections introduce the different elements that make Masdar a sustainable city.

5.2. Masdar City design concept

The way the city is designed is to promote sustainable living. The city is located in the heart of Abu Dhabi on six square kilometers of land near the airport. This location has one of the highest solar radiations in the region ensuring full utilization of solar energy. Its proximity to Abu Dhabi makes commuting, and goods transportation to the city more economical and with minimum CO2 emission. The walled city is built using narrow streets for shading and using wind catchers for passive ventilation to ensure good outdoor air quality. It also provides walking and cycling lanes throughout the city for enjoying outdoors activities and more fitness.

5.2.1. Green buildings

One of the most evident human activities weighing on pollution and energy consumption is the construction of human residential buildings. Green buildings are usually designed in an ecological and resource-efficient manner. They are designed to meet certain objectives such as protecting occupant health; improving employee productivity; using energy, water, and other resources more efficiently; and reducing the overall impact to the environment. The benefits of green buildings include cost savings from reduced energy, water, and waste; lower operations and maintenance costs; and enhanced occupant productivity and health.

All buildings in Masdar City are designed to be energy efficient following a Masdar own best practice standards –The Masdar energy design guidelines (MEDG). The Masdar MEDG draws from a number of international standards for energy performance for buildings, e.g. LEED, BREEAM, Passivhaus, but will exceed the most challenging requirements set out in these building designs. The buildings forms and designs will integrate health and productivity of occupants through several measures starting with avoiding the use of toxic material such as Formaldehyde, volatile organic compounds as well as phthalates, e.g. PVC carpet, wall covering, ceiling tiles and wiring.

The Masdar City buildings will also provide natural daylight from courtyards and streets and solar control glazing with daylight transmission of more than 65%. All materials shall meet the requirement of USGBC LEED-NC version 2.2 or later for indoor environmental quality [56]. The Masdar City target is to provide on-site 100% renewable energy. Furthermore, the green buildings in Masdar are also designed to reduce energy demand load for electricity and cooling by 70% compared to the Abu Dhabi baseline and that is by adjusting the following parameters as outlined in the Masdar Master plan: optimizing natural light, internal lighting, infiltration, ventilation, efficient appliances, controlled operation such as smart grid and peak load management. As for water efficiency, the Masdar plan is to reduce the water consumption from 350 (average house hold water consumption in Abu Dhabi) to 140 liters/person/day.

5.2.2. Sustainable Intelligent Transportation in Masdar City

According to the Masdar City Master plan, the only mean of transportation inside the city will be the PRT which is
environmentally friendly, clean and less noisy. Also, it provides a level of service that is superior to that available from conventional public transport as the vehicles travel along a network of guide ways, much like a network of streets the travel is point to point, with no intermediate stops or transfers. Personal rapid transport (PRT) will link all car parks located outside the city. The inner city will have a network consisting of 74 stations with a maximum walking distance of 150 m to each station the network will operate in an under croft ensuring safety and no congestion. All the vehicles will be powered by renewable energy produced inside Masdar City resulting in zero CO2 emission from transportation. Freight and waste and emergency services will use the same technology and network [16]. After the PRT has been used for more than year, Masdar City is now exploring the use of other sustainable transportation systems. The BRT system is one option as they become more users friendly and practical to enhance its intelligent transportation system around the city. In addition, upon the completion of the city, a public transport system of electric buses, electric cars, and other clean-energy vehicles will provide transport within the city, while Abu Dhabi’s light rail and Metro lines will pass through the centre of Masdar City, providing transport within the city and serving as a link to the wider metropolitan area. Most private vehicles will be kept at the city’s edge in parking lots that will be linked by public transportation to the rest of the city. Finally, Masdar City has initiated an electric car pilot with Mitsubishi Heavy Industries to test a point-to-point transportation solution for the city that uses Mitsubishi Motor’s i-MiEV, five-door hatchbacks, which are power by renewable energy.

7. Conclusion
This paper gave an overall view on how sustainable cities of the future should be. This includes green buildings and intelligent transport systems. More detailed description of Masdar City was given including how to manage complex systems and the lessons learned so far. The development of Eco-cities requires high capital investment and the return on such investments is a long term one. Today, the economic hardship is putting pressure on existing Eco-city projects and many of them will be delayed for financial reasons. Funding for such Governments are In addition, it made many developers to rethink their original concept and designs to reduce their cost and generate returns faster for investors. Eco-cities should be competitive with traditional cities. All the stakeholders should be involving in all the phases of the designing, constructing, and operating the city. Energy efficiency and renewable energy technologies are moving targets, and Eco-cities must be careful in adopting them and should take into consideration the overall Life-Cycle cost of each phase of the city.

Acknowledgment
We would like to acknowledge the financial support of Masdar City and Masdar Institute of Science and Technology.

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